

Principal's Message



Dear students, staff and my extended Scindian family,

Great things require great actions but at times, a slow stride, a long march and not a sprint, can shape and define the most appropriate course of action.

We have met with the most extraordinary times in the form of the present pandemic. A lot has been talked about the repercussions of the problem and its impact on the teaching- learning community. It is needless to debate that whatever impacts the past and the present will surely impact the future. We are cautious and prepared and I am sure we will emerge happy and healthy from the situation. Yet the pandemic is also a time to count our blessings and renew the vitality of life. It is an opportunity for us to realize our true potential and to cast down all doubt of human frailty.

The Japanese people indulge in an activity called 'Ikigai' which means 'a reason for being'. It is the idea of seeking a purpose in everything we do. It is a source of finding what our true passion is like. Hence it is time for us to find our own 'Ikigai'.

I must also put forward the efforts taken up by the school community to sharpen their professional skills. Our teachers have taken up numerous courses to bring them to delve into the latest tools and technology. They have painstakingly undertaken all the efforts to ease out the students so that they reap the maximum at a time when remote learning is the only viable option.

At this time, I wish to say that be cautious but not fearful. Go through the precautionary drill but stay connected with everyone around you- your family, your friends and your school. Emotional bonds weigh heavily over any difficulty and this too shall pass!

Stay happy and blessed,

Madhav Deo Saraswat

Swift Catch



To be honest, I had never thought in my wildest dreams that I would be studying through a computer while having 'aloo ka paranthas' on an extended summer break at home. But there is always a first time with things and situations. I am pretty sure that none of us had predicted the current situation, and more so, that we would be sent home so early. To cut it short, I am grateful that the online classes started. These classes have enabled us to complete our syllabus, without a place or time constraint, with us stationed into our comfort zone. I had never thought that my session of Class XII would begin with a 'rendezvous with the mountains' culminating into an early summer break at home. With the serene scenery of the mountains during the camp still fresh in my mind, completing the syllabus back home, was not my first priority at all. But the classes have contributed a lot to its gathering momentum as well as given a jumpstart to the students to continue on their own in very many ways with our teachers always by our side. We did, during the first classes, a few times, mute the teacher and played songs- with the teachers scolding us and calling our parents and in return, the parents scolding us, but all I know is that these classes would be cherished by all of us.

Most of the Scindians have an 'excellent' sleep cycle, and some found it difficult to open a laptop at 9 am. Maybe that's why most of us were silent during the English class when asked to answer a question. But honestly, considering the arrangements that have been made for us, especially the Board classes, I'll say it was superbly done. My heartfelt thanks to the recording feature, for it saved Scindians like me. At this juncture, we may not show it, but we really pray that the school reopens so that we can spend our final year together. Till then, completing the syllabus seems to be the only leisure. Our profound gratitude to all the teachers, for not just teaching us at a tough time, but also tolerating the childish behaviour of the senior-most class.

Ever since the spread of Covid-19 the schools and various public places were shut down to limit and wipe out the spread of the deadly virus, which resulted in a sudden switch over, from the traditional class learning system to online learning. I believe if we need online classes to run smoothly and productively, it requires a lot of sincerity and determination on the part of the student because in the traditional classroom we are constantly monitored by a teacher. One needs to be more selfdisciplined in order to utilise the facility of online learning to the fullest. Although online classes open various possibilities for easy and fun learning, it also allows various distractions to come in your way. In schools we have a proper environment conducive to learning. When taking online classes at home there are fewer chances to create such an environment. The importance of the company of fellow students that one interacts with during a 'physical' class is highly non-existent. Our friends, especially in a boarding school can help one in a certain way and create an environment of healthy and friendly competition in the class which forces one to perform better whereas online classes make you study in isolation and have less room for such a creative metamorphosis with no room for brainstorming and quick sharing of thoughts and ideas on the topic in question. While online classes are also productive, I would say that we will take some time to get used to it.

In this ever changing world, we face complications and issues every now and then. But everyone was unaware of what was going to hit us. A pandemic that led the world to chaos and jeopardy; to an edge where any irresponsible behavior towards this so called Coronavirus would cause people starving, dying and the world being covered by shades of darkness. Employment levels went down as not all companies could afford and adapt to the concept of work from home. On the other hand, the educational world fought its way to become relevant in this changing world. The concept of online classes flourished in almost every fortunate school in our country. The problems that once didn't matter are now colossal and almost impossible to ignore. Problems of poor network connection, difficulty in joining the classes, lack of 'touch points' among students and teachers were some of the downsides of this flourishing concept called online classes. The online classes lacked the touch and power to acquire knowledge that would have been possible in the light of a real classroom while the concern and efforts put in by the teachers and the school are an appreciated element of the story and cannot be undermined.

- Kshitij Dogra

- Sukhyog Singh



The online classes were a great tool to learn and were very helpful for us in the situation when absolute avoidance of face to face communication became a prerequisite to safety. Yet, it made us understand that the physical presence of the teacher is quintessential to effective learning. These classes gave us a taste of the syllabus and the course, but I feel that classes and lessons on a whiteboard in a classroom setting is more beneficial than doing it online. A smile by the teacher telling you that you could do it, wins half the battle for us. I pray that the school reopens and that we come out of this pandemic very soon.

- Mayank Yadav

No doubt that the entire world is going through a very tough time during this pandemic, but for the students in the higher classes this time is very crucial. Almost all the schools have started teaching through various online platforms such as Microsoft Teams, Zoom etc. Our school too has taken up this initiative and I feel our teachers are performing brilliantly on this platform as well. Since there is absolutely nothing more that can be done in these tough times, online classes are definitely the need of the hour. Indeed, there are technical glitches, at times, that make it difficult for us to attend the classes properly, but we try



our level best to make the best use of the class. After all, this is a different learning experience altogether. Hope that the world heals very soon!

- Aditi Joshi

Online classes made the approachability flexible. We went through the content in our own way and the speed that we could afford. The transaction of the documents became faster and saved a lot



of paper material normally involved into the teaching –learning process. We did not have to copy down everything, instead we could take a screen shot and save it for further use. Yet, I would say, that online classes give us little scope for real –time interaction as in a real classroom. In a real classroom, a teacher can understand in a jiffy that we have not understood something just by looking at us which is not possible in a virtual classroom. Virtual classrooms depend on internet connectivity which faces a number of issues. To top it all, the audience needs to be very self –disciplined to be ready to make the most of the online classes.

– Krishna Sharma

Online classes, a sporadically undertaken activity in a traditional real time classroom has turned from plans to reality, in a virtual classroom. Studying within the hallowed walls of the school was now studying in front of a screen and it surprisingly, was more engaging than what I had anticipated otherwise. Countless study material and diverse sketch pens transformed the 'ploys' of chemical equations to lucid interactions of chemicals and the once imaginary electromagnetic radiations turned out to be colorful beams of light, cogent and appealing. Stories in English were all the more delightful to hear and sorting in Computer Science was virtual yet engrossing. To put it succinctly, in the online classes - 'the road not taken' was not the 'thing of beauty' and the 'last lesson' was not the least.

- Akshat Karwa



The Surge of Online Learning

Harsh Jain



The coronavirus pandemic and its requisite on social distancing have put online classes in the spotlight. With the highly communicable nature of the coronavirus, all the schools have shut down. For the moment, classes and in some cases even exams, are being conducted online. While this is considered a temporary measure there are many people who may be reluctant to return to the classroom. I will present my opinion on online classes and virtual learning and discuss on the same.

Online courses give students the opportunity to plan study time around the rest of their day, instead of the other way round. Students can study and work as per their convenience. Course material is always accessible online, making special library trips unnecessary. All of these benefits help students balance work and family commitments with their education. Even personally I can say that when we do not understand something in an online class or if we miss an online class we can watch the class as the class would have been recorded and we can easily access it.

Being able to decide to study 'where, when and how', throws up opportunities for individualized learning. To start with, as an online student you aren't boxed into a 'one-size-fit'- all learning approach. Being able to attend classes when, how and where it suits you, allows you to create a customized schedule that suits your learning style. If you're a fast learner, you don't have to wait for the whole class to catch up. If you're slower, you can take as long as you need without feeling under any pressure to hurry up. The biggest benefit of individualized learning is that it

allows you to harness your strengths and downplay your weaknesses. This ultimately makes it more conducive to learning. It also boosts self-confidence and self-esteem.

Even the most basic online courses require the development of new computer skills, as students learn to navigate different learning management systems and programs. The participation skills students learn in their online courses translate into too many professions, including creating and sharing documents, incorporating audio/video materials into assignments, completing online training sessions etc.

Just as there is a dark side to that controversial property known as the force, there is a dark side to Internet-based courses. The dark side starts with procrastination. Procrastination will chop you to bits in an online course. There is no one to tell you to get to the class on time. There is no one to remind you that assignments are due or that the exams are coming. There is no one to preach to you, beg of you, and plead with you to stay on top of your coursework. It's easy to put off reading and assignments in the online environment. Before you know it, weeks have gone by, you haven't done any homework and it's exam time.

In an online course, no one can hear you scream and that causes discomfort to some online students. Studying alone with only the computer as your companion can be terrifying. There's no whispering in the back of the room, no wise remarks from the 'peanut gallery', no commanding presence at the front of the classroom. The online environment is a much different atmosphere that takes some time in your getting used to. Hopefully, your online instructor is sensitive to this problem and can help you overcome those feelings. In any case, you should be aware of them and seek help if they start to impede your studies. A quick email to a classmate, your instructor or a counsellor can help you feel better connected if the sense of community you seek is missing.

Online classes usually have deadlines for assignments, but that's not the problem. The problem is the time management and organizational skills necessary to stay on top of your work. Allot an appropriate time to each task and balance it with other priorities of your life. If you tend towards procrastination, then you might need to strengthen your skill set.

Lastly, I would like to say that no matter what but due to the pandemic the online classes are the need of hour and it would be the best if we could get accustomed to them as soon as possible.

How It Does Matter

Suyash Bansal | Senior Editor, Review

The article is also available for reading at https://online.flippingbook.com/view/802651/59

The activities in a teenager's mind are very unpredictable and sometimes very unstable, regarding their confusion based on the unawareness of where they stand in society. Similar is the situation they land in when teens fall in love. But in a relationship, it is not always necessary that both the individuals are in love. There can be ambitions that one of the partners can be pursuing such as money-based needs. And the confrontation of this fact can be devastating. This brings up the need of discussion over the relationship of a teenager with the elder authorities in his or her life. The concerned authorities just like parents should talk with the teenager about the signs that he should avoid in a partner and what he should look for. But when both the partners are in love, there seems to be a state of oblivion they float in when they are together wherein, they tend to ignore the society and go to extents just to keep each other happy.

Now sometimes, this extent can break the limits that society has. And once the limits are broken, it can cause problems for not only the teenagers but their parents as well. So, this is where the parents should take precautions. They must have conversations with their child to make sure that he does not deviate from the path he is supposed to walk on. They should make him understand that love is always secondary and to put himself and family as priorities in his life. And putting himself first means he should take care of his health, his social responsibilities and his education before anything/ anyone else.

It is important for them to also shape him into a gentleman by teaching him how an individual must behave in society and especially how respectful he must be with others around him. And at last, they must let him know that if it all ends, a broken heart is natural, and the truth is that one must move on as life and time never stop for anyone. So, he rather be ahead than be stuck with those ideal memories!

The Consequential

Memoy Mishra | Senior Editor, Review



In 1798, Thomas Robert Malthus, an economist had written a book titled, "An Essay on the Principle of Population" in which he observed that an increase in a nation's food production improved the wellbeing of the populace, but the improvement was temporary because it led to population growth, which in turn restored the original per capita production level. Malthus' theory in simple words is: the population is rising and the resources are finite which would lead to harsh

consequences but man would try to buy time by various methods while believing that his actions would stop the problem for once and for all without realizing that he has fallen into an endless pit from which to recover is next to impossible. Therefore, in the 18th century while many in Europe saw the society as improving, Malthus thought of it as a charade going to end one day.

If Malthus was brought back to life today, he would have been astonished looking at the long time we were able to carry on with the charade. Man indeed was able to buy a lot of time. In the 1800s, life expectancy hovered between 30 and 40 years of age but today it has dramatically risen to 80 years of age. A lot of factors have contributed to the making of this situation. The first Industrial Revolution of 1765 saw the invention of steam engines where coal emerged as a source of energy followed by the second Industrial Revolution of 1870 during which mankind started using oil, electricity and gas as a source of energy and also began using the telegraph and the telephone and lastly the third Industrial Revolution of 1969 which saw the rise of electronics, telecommunications and computers. Humans have not only advanced in industrial areas but also in agriculture. The Green Revolution led to the usage of HYV seeds which increased agricultural production and helped to avoid famine in many countries. The medical advancements are no less; anaesthesia, medical imaging, penicillin, organ transplants, stem cell therapy and immunotherapy are all breakthroughs in the medical world between 1846 and 1970s.

"Nothing lasts forever is the easiest lesson, we all learn the hardest way." I believe that the charade has come to an end and the harsh consequences predicted by Malthus are coming true. Peter Daszak, a British-American zoologist and an expert on disease and ecology in his research found that all known emerging diseases were linked to sudden human population growth in places where wildlife diversity is high. The researchers also found that about two-thirds of the new diseases were transmitted to humans by animals. It is a fact that more than 70 percent of these diseases, known as zoonotic diseases, were caused by pathogens originating in wildlife — for example, the Nipah virus that causes inflammation of the brain and first surfaced in 1999 in Perak, Malaysia is traced to have come from bats. There would be no better example to explain this than the SARS coronavirus that first infected a farmer which was traced back to viruses in bats which has now pronounced nearly 3.8 million infected 270 thousand dead worldwide. Many think of this crisis as ill luck, 'bad karmas' but it is actually the result of a long and complicated negligence and ignorance. We all know what happens when we stretch a rubber band too much and now we are experiencing it.



A new leaf, perhaps :

Nature, she sighs, deep Perched on a stool A mirror in front of her An exclamation escapes For she has truly aged

Unkempt is the word For she is timeless Man's excesses reflect Abused environment Ravaged earth and seas

Is this truly me or a lie Enquires she of herself The mirror reflects true A sob escapes her I must repair says she

Angry she fumes, why Why did I allow all this I must make amends Let me make try repair There may well be pain Before any evident gain Having settled that plan She smiled let's start But first she imprisoned Man and greed indoors

She wept at her resolve Cleansed the air off grime Added a blue to the sky Burst of pink health Rouge to her cheeks Floral perfume around

Man looked from indoors Noticed the change Breathed deep and clean Eyes took in the beauty Ears for once listened In the silence was music

Nature she smiled And so did the mirror We can still patch up As man added, I will try

07

वायरस यह अजीब है

वायरस यह अजीब है, नाम कोरोना है जिसका । दुनिया में दहशत की रीढ़ है, कोई कुछ न बिगाड़ सका इसका । इसने न जाने कितनी जानें ली, डरे हुए हैं चीन, अमेरिका और इटली । सबको यह डर खूब सताए कि यह वायरस हम पर न आ जाए । लेकिन इससे बचने के लिए , कुछ छोटी – छोटी चीज़ें अपना लो । स्वच्छ रहकर, दूरी बनाकर, इसे हराना यही सबकी भावना हो । भारत में कुछ ऐसे भी लोग हैं, गरीबों को कोरोना के नाम पर ठग रहे । गाय का गोबर देकर कह रहे कि इससे कई लोग हैं बच रहे । सब गर्व करो अपने देश भारत पर , संभाल लिया कोरोना का वार । इस वायरस के कारण देखो , आज अमेरिका है लाचार । एक बार फिर सब सुन लो, हाथ, कान, मुँह साफ रख लो । जरा भी लापरवाही करो ना, नहीं तो नहीं भागेगा 'कोरोना' ।



अर्णव जोशी

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Vivify - Teacher's Insight

On this humdrum of life, there is a sudden break, and we have enough time to think about ourselves. As the Head of the Boarding House and the German teacher at my workplace, getting involved in students' lives, taking a note of their problems and letting them come out of their homesickness, sharing the small stories about the House, games and extracurricular activities were the things that gave me solace. Nowadays, with the students away from the Boarding Houses, the usual activities have undergone a change. I get up early in the morning and after the morning routine I ask myself, as to how I should utilize my time. I have started doing Yoga for 45 minutes every day. I started learning the verses of Gita and now I can recite some. I also interacted with some old friends and family members and got many insights as to how people

are trying to enhance their 'Online Skills' during this lockdown. I have embarked on a journey of enhancing my online- virtual skills and have dived into some new virtual tools which can be very useful to the teaching-learning community.

- Mr Gopal Chaturvedi, Faculty - German



With schools, being locked down due to COVID-19, educators across the globe have started experimenting with different virtual classroom tools to ensure that learning never stops. Although there were so many interactive and collaborative e-learning tools which had been introduced by CBSE earlier, somewhere, I felt that I could not connect to my children. We can never really replace a teacher because the teacher provides that human 'touch' but I think platforms like Microsoft Teams enable a teacher to reach out to their students. To fulfill the learning objectives, I started making my own videos to cover the theory portion and practical activities, which were shot in the Chemistry Lab where I could easily gather all the materials. Now, the next challenge was to deliver the content in a way that the child could access the content free of the time constraint. I started uploading videos in the Google drive for the first time, from where I could generate a shareable link and finally we were on Microsoft Teams.

- Mr Suggu Sekhar, Faculty - Science

We are going through a new realm of the teaching-learning process. Though there is no replacement to direct human interaction, the virtual classes are indeed a smooth transition from the conventional classes and it requires an enhanced degree of motivation and self-discipline than the real classroom. Although this is not a new dimension in teaching and learning, not every teacher has an experience with e-learning. Still all teachers took the transition in a very positive way. Exploring new things along this journey of self- discovery was the best part. Once accustomed to online classes, making learning effective and engrossing is a big task. Through class scheduling we were able to control the disturbances to a large extent. Microsoft Teams and OneNote/Class Notebook helped a lot in interacting with students and making the contents available to them.

- Mr Akhil K Lakshmanan, Faculty- ICT

"Education, the best investment in knowledge that pays the maximum interest". Truly, the secret of going ahead is 'getting started'. The secret of 'getting started' is breaking the barriers of limitations and looking ahead to possibilities. It was completely a new venture for me so I faced certain difficulties in using the Microsoft Teams. Guidelines from the IT department have helped me to overcome the difficulties. It is an easy platform for classes as it provides audio and video classes, sharing of PPTs and assignments, screen sharing etc. The chat facility is an effective medium for communication besides the direct communication. Though the students were slightly confused in the beginning, they were happy to join the classes as they felt that all the classmates had come together again.

The shift of the learning gear has been an enriching experience for me. It is truly said that, in times of difficulty the tough gets tougher. I recall our parent's generation when they shifted gears from manual work to computers during the late 80s. Initially, the process is tough but ultimately people adapt to changes. I recall the days when the world was concerned about the usage of gadgets by children and its aftermath. But today the irony is that nobody is talking about it. The usage of the internet has increased many folds and people are logged into their gadgets at an average of 6 hours a day. It should be understood that gadgets are now termed as a "necessary evil". The generations to come will witness further changes in technology. The saddest part is that there will be a major sociological change in terms of lesser human contact which may further lead to socio - economic problems.

- Mr George Varghese, Faculty- English

– Mr Sumit Chakrabarty, Faculty - Commerce

The most important aspect of Online Education is that it is beneficial in many ways. It provides education relevant to the need at hand, and to students who are deprived of the school environment. On the other hand, it provides students with individualized online -interactive classes that stimulate, support and boost the morale of students. My experience of using this teaching method is wonderful, for it gave me a new experience and a new platform to teach the students. I have tried many tools such as Zoom, Microsoft Teams, Kahoot, NIIT Guru, You Tube videos and also the videos that I have created for different topics and shared through Google drive links. I have been using Microsoft Teams for Online teaching as it is a 'one in all' platform. We can make assignments as well as take quiz/tests. On Kahoot the students can play online quizzes and it is a platform where the students enjoy while learning as they have given a wonderful feedback for this platform. By the use of NIIT Guru, videos explain the topics and students can see the video and learn. In conclusion, the ever growing availability of online learning has gained popularity among the young, and adults. Emphasis should now be given on increasing its effectiveness to establish it as the most cost effective learning medium.

The outbreak of COVID-19 has been declared as an international emergency and it has impacted the working methods and conditions of the education sector. When our school declared an early vacation for students due to this pandemic, I was completely surprised because I had never seen such lockdown of the world ever before in my lifetime and many would agree with the same. But nothing can stop the world so now it became our responsibility as a team to overcome all the obstacles and provide online quality education to students so that they do not suffer. As a teacher I have never considered this lockdown as a vacation. I found it as an opportunity to learn new things. Earlier technology was considered as a threat to jobs but now this technology has enabled the users to make the most of their time in this closure. Teachers who were uncomfortable in using these technologies also made proper use of this period to overcome the obstructions and the complete community rose as a team to meet the challenge.

– Mr Rahul Bharadwaj, Faculty - Science

In the current scenario there are no schools, no examinations happening. Despite all the hurdles online learning is in boom and parents are also

learning to cope with it. Teachers who are IT friendly have just sunk in easily but those teachers who are not used to it are facing issues. Teachers are redefining their careers, teaching strategies and methodologies. Even the students are learning to get accustomed to the new way of learning; their mindsets are also changing. It's a matter of time and I feel that

everyone will be accustomed to this way of learning. There is also a question as to how things will be once the schools start to function. It will be a total change in the educational dynamics. Efforts will be needed for our weak learners as it will require the necessary time to let them come up the learning curve. Staying home for weeks, and months, students will have missed out on the face to face interaction. They might have gone through a lot of mental and emotional traumas. Some would also have faced poverty and stress issues, some would have been able to handle themselves but some wouldn't, they would have been carrying scars on their souls. There is a possibility that they would have experienced a loss in their family or would have undergone the pain and suffering of their loved ones. They would have very rarely got a chance to go out and play. A lot of hours would have been spent playing video games, watching Netflix, Amazon Prime etc., and the learning gaps would have definitely and undoubtedly widened. Well-being is no longer going to be cast down as a fad. It is now clear that many young people have trouble keeping healthy and focused without the guidance and help of their teachers. It is an essential precondition for achievement, especially among our most vulnerable children. Teachers have become the unsung heroes of COVID-19. They are the ones doing research, working on content, training themselves with all enthusiasm so that they can teach the students more effectively. They are the ones trying to connect with their students, convincing and persuading them for online learning. The value and importance of vocational training, necessary skills and training must be expressed in what we teach. The pandemic has revealed the vulnerability of the global economy to the loss of critical supplies. There would also have to be a corresponding drive for vocational skills and

training and higher recognition for the schools and programs that provide it. It is now clear how much we rely on and need to respect all of our

employees, such as home care workers, construction workers and retail workers, who help us from behind the screen. When the economy picks up again, some people would feel proud to call themselves the working class and focus on the financial and wider recognition that goes with it. This also includes the rethinking of the freelance economy and its

effect on peoples' lives, as well as the kind of learning that allows people to endure turbulent transitions, experience resilience and create productive lives. There was a mad scramble during COVID-19 to find technologies to support learning at home. There is also a possibility that more than 30 % of students do not have access to the internet or digital devices at home. As money tightens, families on the verge of poverty may often have to choose between sustaining internet access or putting food on the table. In this pandemic, technology has supplemented teaching and teachers; not replaced them. We certainly need better digital resources. But anyone who thought that online learning can replace teachers will be rapidly disillusioned with the idea — especially parents stuck inside with children when kids can't concentrate or self-regulate. We're in a long, dark tunnel at the moment. When we emerge, our challenge will be not to proceed exactly as before, to reflect deeply on what we have experienced, and take a sharp turn in education and society for the better.

- Mr Saurabh Kaul, Faculty - English



Fortscape - Sukhyog Singh | XII B

कोरोना और शिक्षण-पद्धति

श्री मनोज कुमार मिश्रा । हिंदी अध्यापक



"परिवर्तन सत्य है शिव भी वही है, कौन ऐसी चीज़ है बदली नहीं है ?" बदलाव सृष्टि का नियम है और प्रत्येक बदलाव के लिए प्रकृति नई–नई पद्धतियाँ अपनाती है। सभी जीवों के लिए भी बदलाव के अलग तरीके हैं। हम एक जीवन शैली के आदी हो चुके होते हैं इस कारण ये परिवर्तन हमें व्यथित करते हैं इसीलिए कभी कभी ये बदलाव बाध्यता से उत्पन्न होते हैं अर्थात हम इनके लिए बाध्य हो जाते हैं। इसी परिवर्तन के क्रम में कोविड –19 नामक महामारी ने समस्त विश्व में सभी व्यवस्थाओं को उलट–पुलट कर दिया है। इसने विश्व की सोच व उसके जीवन– शैली को बदलकर रख दिया है। इस क्रम में

अध्ययन-अध्यापन का क्षेत्र भी अत्यंत प्रभावित हुआ है।

इस परिवर्तन के क्रम में परंपरा से चले आ रहे शिक्षण-पद्धति में आधारभूत परिवर्तन आना प्रारम्भ हो गया है। यह शिक्षक और छात्र दोनो के ही सोच, क्रियाकलाप, सीखने व सिखाने के विभिन्न आयामों में परिवर्तन लाया है। इसके लिए दूर-शिक्षण-पद्धति जो पहले से ही अस्तित्व में थी और इसका उपयोग भी सीमित था उसे आज नया जीवन मिल गया है या यूँ कहें कि नए जीवन के साथ इसमें आमूल परिवर्तन भी हुए हैं। कोविड –19 के कारण दूरस्थ–शिक्षा की व्यवस्था समय की माँग है परन्तु कक्षा में पढ़ने की व्यवस्था का स्थान यह कभी नहीं ले सकता क्योंकि वहाँ गुरु के द्वारा मात्र शिक्षा ही नहीं बल्कि संस्कार भी सिखाए जाते हैं जो कि दूरस्थ–व्यवस्था में संभव नहीं। शिक्षा की यह नई पद्धति नई– नई चुनौतियाँ लेकर आई है।

प्रसिद्ध लेखक व कवि अज्ञेय ने कहा था कि "दुःख सबको माँजता है" और आज उनका यह कथन सत्य साबित हो रहा है। जब हमारे सामने चुनौतियाँ होती हैं तो उनसे निकलने के प्रयास में हम सब अपनी पूरी शक्ति के साथ उसका सामना करने के लिए तैयार रहते हैं या अपने आप को तैयार करते हैं। जैसा कि मैंने पहले कहा कि इंटरनेट के माध्यम से शिक्षा देने का कार्य तो पहले से ही चल रहा था परन्तु मुख्य रूप से यह उच्चतर माध्यमिक व उससे ऊपर की कक्षाओं के लिए था। अब हमारे सामने एक चुनौती माध्यमिक व उससे नीचे की कक्षाओं में इसकी शुरुआत करने की थी। प्रसिद्ध कवयित्री महादेवी वर्मा द्वारा रचित पंक्तियाँ "टकराएगा नहीं आज उद्धत लहरों से, कौन ज्वार फिर तुझे पार तक पहुंचाएगा।" से प्रेरित होकर हमने इन चुनौतियों को सहर्ष स्वीकार किया। उसका एक कारण यह भी था कि कम्प्यूटर के क्षेत्र में अग्रणी विद्यालय होने के कारण हमारे लिए ये चूनौतियाँ साध्य थीं। हमने तूरंत सभी छात्रों व अभिभावकों से ई–मेल के द्वारा संपर्क किया, जिनसे जवाब नहीं आया उन्हें फोन किया, फोन नहीं मिला तो मैसेज किया यानि किसी न किसी प्रकार उनसे संपर्क किया। हमारा अगला लक्ष्य था विद्यार्थियों तक शिक्षण–सामग्री पहुँचाना ताकि कक्षा में आने से पूर्व वे कुछ पढ़कर आएँ, कुछ तैयारी के साथ आएँ क्योंकि अब स्वाध्याय का महत्व बढ़ गया था, शिक्षण के लिए 'फ्लिप क्लासरूम' एक अच्छा विकल्प था जो धीरे धीरे कारगर सिद्ध होता दिखाई देने लगा। समय-सारिणी बनी जिसमें इस बात का विशेष ध्यान रखा गया कि विद्यार्थियों को यह बोझिल न लगे क्योंकि उनके लिए भी तो यह नया अनुभव था।

हिंदी भाषा व साहित्य में हमने इस बात का ध्यान रखा कि जो अध्याय कठिन नहीं थे उन्हें सबसे पहले पढ़ाया गया। पाठ पढ़ने से पूर्व उन्हें पढ़ने के लिए विषय–संबंधी सामग्री पहले ही भेजी जाने लगी जिससे छात्र पहले से ही तैयार रहें और कक्षा में सक्रिय हो सकें, प्रश्न पूछ सकें और उत्तर दे सकें। शिक्षण को और अधिक मनोरंजक बनाने के लिए विभिन्न प्रकार के प्रयोग किए गए जो प्रत्येक कक्षा के लिए उनकी आवश्यकता और उनके स्तर को ध्यान में रखते हुए था। 'कहूत' के माध्यम से प्रश्नोत्तरी हो या किसी के जीवन से संबंधित कोई 'वीडियो क्लिप', किसी विषय पर 'पावरप्वाइंट प्रेजेंटेशन' हो या विभिन्न प्रकार के कार्य–प्रपत्र, इन सभी का प्रयोग सीखने की प्रक्रिया को और अधिक आसान बनाने के लिए किया गया। हिंदी लिखने में मात्राओं की अशुद्धि का पता लगाने के लिए विद्यार्थियों से उनके लेखन सामग्री के 'डिजिटल चित्र' मंगाए गए व उनकी समस्या के निवारण का प्रयास किया गया।

आज हमारे लिए 'शिक्षण-सामग्री-प्रबंधन' व 'डिजिटल प्रबंधन' दोनों ही 'मुख्य'मुद्दे हैं जिस पर हमें और अधिक ध्यान देने की आवश्यकता है। कोविड –19 के बाद होने वाले विविध परिवर्तनों पर हमें नज़र रखनी पड़ेगी। विश्व की आवश्यकताओं में परिवर्तन होगा। शिक्षण-पद्धति में बदलाव के साथ ही हमें शिक्षण-सामग्री में भी बदलाव करने होंगे। हमें यह सुनिश्चित करना होगा कि सभी तक इंटरनेट की सुविधा पहुँचे। गाँव के प्रत्येक छोर तक, हर एक विद्यार्थी तक शिक्षण के समस्त साधन पहुँचे। विद्यालय में कक्षा की चैतन्यता, बच्चों की शरारत, सह–अस्तित्व, कठिनाई से निकलने का प्रयत्न, ज़िंदगी की छोटी–छोटी सीखें आदि विभिन्न प्रकार के संस्कार व संस्कृति की कमी का अनुभव हम सब कर रहे हैं परन्तु समय के बहाव के साथ जो नहीं बहता है वो मिट जाता है। अतः हमें भावुकता से निकलकर वास्तविकता की दुनिया में प्रवेश करना होगा और यही समय की मांग है। कोविड –19 के कारण अध्ययन व अध्यापन की दुनिया में हुए बदलाव के साथ हमें इसको और उत्तम बनाने के लिए सतत प्रयत्नशील रहना होगा।

भय की सत्ता

डॉ. स्मिता त्रिवेदी | अंग्रेजी अध्यापिका



जीवन डूबने और उबरने का पर्याय है। एक क्षण हम डूबते से प्रतीत होते हैं और दूसरे क्षण असीम लहरों पर अपनी विजय पताका फहराते से। यह जीवन निपट विचारों का मेला है, हम केवल कुनबे बदल देते हैं। आज अनायास ही हिंदी की सुगम गहराइयों में गोता लगाने की आकांक्षा प्रबल हुई है। एक लंबा काल मेरी हिंदी की अभिव्यक्ति और आज की अभिव्यक्ति के मध्य झूलता हुआ दिखाई देता है। यह मेरे लिए बहुत दुखद है और हास्यास्पद भी क्योंकि अंतर्मन का झंझावात मातृभाषा में सहज अभिव्यक्ति पा ही लेता है कुछ भी अन्यथा करना नहीं पड़ता।

वैसे भय क्या है और कहाँ से आता है? इस बलवान से दिखने वाले निरीह प्राणी का जन्म स्थान कहाँ है? भय के भी कई प्रकार हैं पर मेरे विचार में कल का भय सब प्रकार के भय पर भारी है। हम वस्तुतः अपने आज को न जी कर कल आने वाले समय की बाँट जोह कर अपना वर्तमान भी नष्ट कर उस में विलीन कर देते हैं जिससे वर्तमान का अस्तित्व भी नहीं रह जाता। कल क्या होगा? कल क्या कठिनाइयाँ लेकर आएगा? कल जब कठिनाइयाँ हमारे समक्ष खड़ी होंगी तो हम क्या करेंगे ? ऐसे विचार अविरल चलते रहते हैं। कठिनाइयों के प्रायः दो प्रकार हैं। एक तो वह कठिनाइयाँ हैं जो विराट तो हो सकती हैं पर अजेय नहीं। दरिद्रता, अज्ञान, ग्लानि, शोक, संताप, आदि ऐसे घाव हैं जिन पर समय और इच्छाशक्ति का मरहम कार्य कर जाता है। इसके विपरीत नाना प्रकार के कष्ट हैं जिन पर हमारा बस नहीं चलता। किसी अपने की मृत्यु, अलगाव या अकेलेपन की भावना, दूसरों के कपट से भावविभोर होकर अपनी कार्यक्षमता पर संदेह करना, यह वह चीज़ें हैं जिससे हम अपनी प्रफूल्लता पर प्रश्नचिन्ह लगा देते हैं। हम भावित करते हैं कि हमारे सूख का कोई कारण नहीं है । इन भावनाओं का जन्म कहाँ पर होता है ? क्यों हम अपने आपसे इतनी क्रूरता से संवाद करते हैं ? निश्चित ही इस बीज को हमारे अंतर्मन में कोई रोप कर ओझल हो जाता है और जब तक हम बड़े होते हैं यह विशाल वटवृक्ष सी जड़ें फैलाकर हमारे अंतर्मन में कभी न समाप्त होने वाला डर बन जाता है। अंधेरे का भय हम सबको लंबे समय तक सता सकता हैं। अंधेरे से डरते क्यों हैं ? इसका उत्तर बचपन की गहरी परतों को हटाने से साफ दिखता है। जब हम बच्चे होते हैं तो परियों के साथ-साथ उन झोली बाबाओं से भी दो–चार होते हैं जो अंधेरे का भय बनकर जीवन पर्यंत रह सकता है। आज जब गहन सोच में उस भय का कारण सोचने पर विवश हूँ तो यही प्रतीत होता है। वस्तुतः इसी कारण बड़े-बुज़ुर्ग बचों को डराने के इतना विरुद्ध थे परंतु घर पर बड़े भाई-बहन कहाँ मानने वाले थे, उन्हें भी तो अपने भय से क्षणिक मुक्ति पानी थी और घर पर छोटे बचे वह माध्यम बन ही जाते थे। अब न तो वह बड़े भाई-बहन हैं, न ही छोटे । समय की चक्की ने एक को कहीं फेंका और दूसरे को कहीं। भय जीवन का अभिन्न अंग है और महत्वपूर्ण भी क्योंकि यह हमें खतरों से बचा कर रखता है। अगर छोटे बचे में अग्नि का भय नहीं होगा तो स्थिति विकराल हो सकती है। खेल–खेल में आग लग सकती है परंतु जैसा कि सर्वविदित है अच्छे से अच्छे कार्य में भी किसी न किसी की अप्रसन्नता का अंश होता है । यह बात समुद्र–मंथन से समझी जा सकती है। समुद्र–मंथन में अमृत के साथ विष भी निकला। सांकेतिक अर्थ में हमें यह समझना होगा कि जीवन में अमृत है तो विष का भी पान करना ही होगा। जीवन केवल सुखद अनुभूति कदापि नहीं हो सकता। अब यह सोचकर हताश होने की आवश्यकता नहीं है कि जीवन अगर सुखद आश्चर्य नहीं तो दूख की काली छाया ही है। भय का परिमाण लेकर विजय की संरचना करनी होगी। चक्रव्यूह को भेदने की कला होती है, वह कला सीखनी ही होगी । साथ ही विश्वास रखना होगा कि जीवन दुख नहीं है। अपने बच्चों को यह समझाना होगा कि भयभीत होने की आवश्यकता नहीं है अपितु भय को समझकर उसका निराकरण करना ही उसकी सत्ता से विद्रोह हैं जिसमें जीत विद्रोही की ही निश्चित है।





फ़ोन उठाते है कैप्टन आशीष मिश्रा । इतिहास अध्यापक

आज कुछ समय के लिए ही सही, इस वायरस को भूल जाते हैं, फ़ोन उठाते हैं।

वो बचपन के दोस्त, पुराने ऑफिस वाले यार, भद्दे शब्द जहां अपनापन जताते थे, आज उन्ही दोस्तों को अनायास ही, दो चार उल्टी सीधी बातें बोल डालते हैं. कुछ समय के लिए ही सही, इस वायरस को भूल जाते हैं, फ़ोन उठाते हैं।

भैया, दीदी, चाचा, वो चाची, बड़ी माँ जिनके लिए महीने का एक दिन फिक्स था, फ़ोन करते थे, एक फॉर्मेलिटी निभाते थे और फिर अगले महीने तक भूल जाते थे, भावना सची थी इसमें कोई शक नहीं पर हर रोज़ की 'मारा-मारी में फँस जाते थे, आज बिना कैलेंडर देखे उनका नंबर मिलाते हैं,

कुछ समय के लिए ही सही, इस वायरस को भूल जाते हैं, फ़ोन उठाते हैं।

वो टीचर, गुरूजी,मास्टर जो भी कहो, जिनकी मार फटकार में ही शिक्षा थी, वो केयर वो अनजान–सा रिश्ता, वो सख्ती के बीच में प्यारा-सा अपनापन, यार, मारा पर फंडा क्लियर कर दिया, कई बार ये बात आपने दोस्तों से की, आज स्कूल डायरी से उनका नंबर निकालते हैं, कुछ समय के लिए ही सही,

इस वायरस को भूल जाते हैं, फ़ोन उठाते हैं।

वो पुराना शौक, अधूरा बेसुरा–सा ही सही, उस धूल से लिपटे गिटार को उठाते हैं, एल्विस, मुकेश, किशोर फिर से गुनगुनाते हैं, वो अधूरी पेंटिंग, वो आधा लिखा आर्टिकल, आज फिर उस अधपकी कला को अपना बनाते हैं, यही अनजाने से एक राँग नंबर के बहाने ही सही, आज अपना खुद का ही नंबर मिलाते हैं, कुछ समय के लिए ही सही,

इस वायरस को भूल जाते हैं, फ़ोन उठाते हैं।

अलग दौर है ये, असमंजस है, कंफ्यूजन है, हर तरफ अजीब–सी बातें हैं, ये दौर भी गुज़र जाएगा, ये तो तय है, तब तक तो मुश्किल है, ये भी तय है, चलो वही रहकर नाचते है गाते है, कुछ समय के लिए ही सही, इस वायरस को भूल जाते हैं, फ़ोन उठाते हैं।





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